

What to do in case of an Asthma attack:

If taking a steroid inhaler, double the dose for 7 days. (do NOT double dose of Advair or Symbicort)

If you have a prednisone booster pack, take it.

If you have dark yellow, green, or brown sputum and have an antibiotic booster pack, take it.

If you have a nebulizer, start using it every 4-6 hours.

You may use your albuterol, or xopenex inhaler 2-3 puffs every 3 hours maximum.

If you do not have prednisone or antibiotics, call the office. Do not wait until you cannot breath.

Call if not getting better.

Go to ER if having serious trouble with breathing.