

TRANSTHORACIC NEEDLE BIOPSY INSTRUCTIONS

Dr. William Lucht

Before the Procedure

1. No blood thinners (Coumadin, Plavix, Ibuprofen, Heparin 4 days before the procedure)
2. Go to the laboratory for routine blood work the day before the procedure
3. Only clear fluids the day of the procedure
4. Expect to be there for at least 2 hours after the Procedure for monitoring

After the Procedure

ACTIVITY: Light activity today. Please **DO NOT** drive a car. Resume normal activity tomorrow.

INSTRUCTIONS: You may cough up traces of bloody sputum. Please call if fever develops or sputum turns green or yellow. Please come to the **emergency room immediately** if you develop severe shortness of breath, lightheadedness, or chest pain. Please report any excessive chest or lung pain or unusual problems with breathing.

DIET: Resume normal diet.

QUESTIONS: Please contact our office at (907) 646-2230, the hospital that your procedure was completed at, or go to the nearest emergency room